


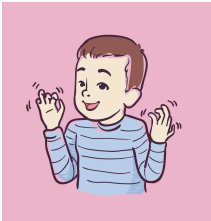



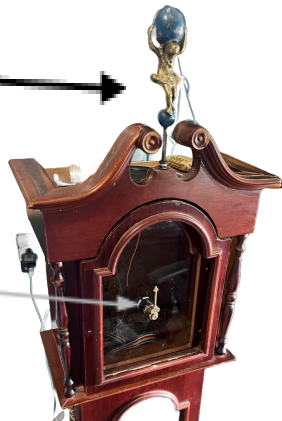
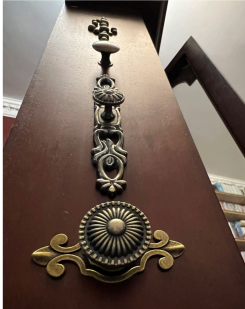




## About the Ticking Clock

<p>This is the Ticking Clock.</p>	
<p>Ticking Clock is a piece of artwork made by Cat McGill.</p> <p>Cat is autistic. She made the Ticking Clock to show people what music and sound feels like to her.</p>	
<p>Cat enjoys the repetitive sound of a clock ticking, and likes the patterns it makes when two clocks are ticking a little bit out of time. This inspired her to create the Ticking Clock artwork.</p>	
<p>Ticking Clock is made up of lots of repeating patterns. Some autistic people really enjoy repeating patterns, like flapping hands, or repeating the same noise over and over. This is often called stimming.</p>	
<p>Stimming can help people calm down if they get anxious or overwhelmed, or it can be a sign that someone is happy and relaxed!</p>	
<p>Some people call stimming 'restricted and repetitive behaviour'. Cat thinks this makes it sound like stimming is a bad thing.</p>	
<p>Cat has made the Ticking Clock to help people understand that stimming can be fun and relaxing.</p>	

## How to use the Ticking Clock

<p>If you touch the figure on the top of the clock you will hear a spooky note start playing</p> <p>You can turn the clock hand to hear a winding noise, and if you keep going you will hear the ticks starting</p>	 <p>A photograph of a red wooden clock. A black arrow points from the text 'figure on the top' to a small figure on top of the clock. A white arrow points from the text 'clock hand' to the clock face.</p>
<p>There are brass knobs on the sides of the clock. If you touch these they will turn different sounds on and off.</p>	 <p>A close-up photograph of a brass knob on the side of the clock. The knob is ornate and has a circular design.</p>
<p>There are two patterns of pins on the sides of the clocks, one at the top and one at the bottom. If you touch these they will play different notes and you can make up tunes.</p>	 <p>A close-up photograph of a pattern of pins on the side of the clock. The pins are arranged in a vertical line and are of different sizes.</p>
<p>These are the speakers, where the sound comes out. There are four speakers on the clock.</p> <p>You can touch the wooden body of the clock near a speaker to feel the vibrations.</p>	 <p>A close-up photograph of a speaker on the side of the clock. The speaker is circular and has a black grille.</p>